Health for Kids!

NHS
Shropshire Community Health
NHS Trust

School Nursing

The School Nursing Team provide health and wellbeing information, advice, support and guidance to children and young people, teachers, families and carers across Shropshire. We are part of the 0-19 Public Health Nursing Service which contains Specialist Nurses (School Nurses and Health Visitors), Registered Nurses, Healthy Child Practitioners and Support Workers.

Every Local Authority funded school in Shropshire has a named School Nurse. We offer lots of different services, workshops and events enabling schools to contribute to PSHE outcomes, as well as targeted one to one support for children and their families.

Your child might come across a School Nurse in school in an education session or health related workshop, but we will not see your child alone without your consent. Sometimes, children ask us for individual advice and we will always feed this back confidentially to parents and carers.



Shropshire
Public Health Nursing Service 0-19
Together for better health

Here are some examples of the topics we can support you with:

Healthy lifestyles
Diet and restricted eating

Transition and change
School readiness
Behaviour

Sleep
Development
Puberty
(including management of periods)

Oral/dental hygiene
Toileting and constipation
Handwashing

Anything else you might be concerned about!

Parents and carers can also call or text us for confidential advice and support around any health or development concerns or worries they may have about their child, we will not share this information with your child's school without your consent.

You can get further information, ask questions or simply contact your School Nurse for a chat by calling our Single Point of Access (SPOA) on **0333 358 3654** OR texting: **07507 330 346.**

